

## Newsletter No2, 2021 FEBRUARY

### CENTRE INFORMATION

Miss Bethany has accepted a university offer to study Journalism in March. We wish Bethany the very best as she pursues her Tertiary studies. Bethany will continue as a casual member of our JumpStart 4 Kids Team in 2021. We will formally thank Bethany for her contribution on Friday 12<sup>th</sup>. Miss Saranya will join our team on Wednesday 10<sup>th</sup>. Miss Saranya is a qualified educator who is excited to share her skills and talents with our children families and service. (NQA 4,5, 6, &7)

### FAMILIES INVITED IN - MASKS MUST BE WORN



With the easing of restrictions we would like to invite families to sign in and out each day in the foyer and accompany children into their room in February.

Our priority is the safety of children, families and educators. We would ask that all families use hand sanitiser prior to touching the iPad in the foyer and that a mask is worn at all times. If families would like to collect their child from the patio area and not enter the service at this time please inform an educator who will be happy to accommodate this request. We look forward to building relationships with our families and thank families in advance for their support in keeping everyone safe. We will continue to keep parents updated in line with NSW Health Alerts and advice. (NQA 2,5, 6, &7)

### WELCOME PERFORMANCE TUESDAY 9<sup>th</sup> & THURSDAY 11<sup>th</sup> FEBRUARY 4:00PM

On Tuesday 9<sup>th</sup> and Thursday 11<sup>th</sup>, we would like to invite our families to share in our Welcome Afternoon Performance for 2021. This is a wonderful time to speak with educators and view your child's portfolio.



To accommodate social distancing, we have allocated 2 sessions. Families will be provided with a welcome gift as we commence 2021. We would be grateful if families could place their name on the sheet located in the foyer. We look forward to seeing all our families across the week as we work in partnership to share culture, skills, interests and hobbies throughout the year. (NQA 5, 6, &7)

### VALENTINES DAY

Children learn emotions by caring for others. As part of our Welcome Afternoon Performance children will be creating a special gift for their families for Valentine's Day.



Supporting children to express love and affection to those that care for them promotes their understanding of their emotions. We know that our families will enjoy these simple gifts made with love.

### CELEBRATING AUSTRALIA

### OUR SPECIAL DAMPERS- CHEFS DEMONSTRATION (NQA 1, 2,5, 6, &7)



The children were very excited to make Traditional Australian Damper with the assistance of Molly's Dad Justin. The children eagerly collected fresh ingredients from our garden; parsley, spinach, tomatoes, rosemary and chives. Justin bought a collection of herbs from his own garden to share with the children. Cutting boards, knives, measuring cups, bowls and jugs were used as the children assisted Justin to pour and measure each of the ingredients. The children thoroughly enjoyed grating the cheese which was carefully sprinkled on top of our delicious dampers. The children took great delight in selecting different ingredients for each damper. Warm fresh, cheese and spinach dampers with melted cheese were certainly a hit. We thank Justin for taking the time to display his Chef's skill with the children. We invite all our families to share their skills and talents with us throughout the year.

For our Australia day celebrations, the children made lamingtons which were very delicious, and they participated in dancing and singing to Australian songs as well as creating paintings and collages of the Australian flag.



(NQA 1, 2,3,4,5, 6, &7)

## CHINESE NEW YEAR - The YEAR of the OX COUNTRY OF THE MONTH- CHINA

This month we Celebrate China. The children will make Chinese lanterns and fans and enjoy cooking experiences across each room consistency of rice paper rolls, simple dumplings, and fried rice. We invite families of Chinese heritage to share their songs, stories and music with educators so we can incorporate Chinese culture into our programs. (NQA 1,5, 6,



The children will plant Chinese Jasmine in our garden and create their own Chinese garden during art and craft experiences using recyclable materials.

Fact Sheet

## HEALTHY LUNCHBOXES

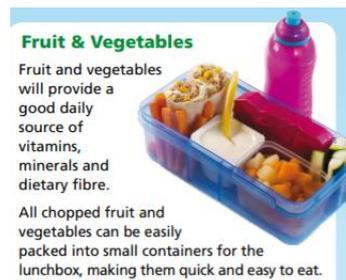


### HEALTHY LUNCH BOX WEEK

8<sup>th</sup> -12<sup>th</sup> February

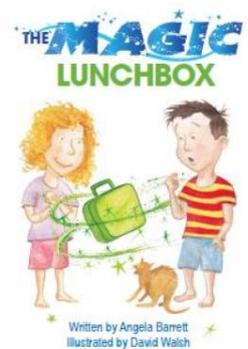
Children require a number of smaller meals over the course of the day to maintain their energy and alertness. Throughout January the children have focused on identifying healthy fruits and vegetables. In February we ask families to include *ONLY healthy snacks and meals.*

Attached to this newsletter is the MUNCH and Move healthy Lunch box fact sheet. Simple alternatives such as wraps, celery sticks, and pikelets are a healthy alternative to chips and biscuits.



Purchasing larger yogurt tubs at home and placing smaller quantities in reusable containers inside children's lunch boxes ensures that children receive their daily calcium intake, while reducing costs and contributing to a sustainable environment.

The children thoroughly enjoyed reading The Magic lunch box story as Grandma enlists the help of a magic lunchbox to show Mango and Sprint which foods to pack for school. We hope that this fact sheet provides a range of alternatives for families. Our foyer has a range of resources that are available to families at all times. . (NQA 1, 2,5, 6, &7



The Magic Lunchbox storybook

## HEALTHY ADVENTURES RESEARCH PROJECT

NSW Health has devised in consultation with MUNCH and Move a healthy Adventures book to improve children's intake of dietary fruits and vegetables. Children in the



BUSY Bees will be invited to take part in the project. Parents are asked to complete a Participant Information sheet. As the Project progresses parents will be asked to complete a 10 minute on line survey. A representative may contact selected families for a phone interview at a time that is convenient to families. This project aims to provide parents and carers the opportunity to provide feedback about Healthy Eating Habits. This is a fantastic opportunity to for families and services to share their insights and experiences. We are thrilled to be part of this project . (NQA 1, 2,5, 6, &7

### WORLD PIZZA DAY 9th February

On Tuesday we will create our very own signature JumpStart 4 Kids pizza. We will use selection of ingredients from our garden, Tomatoes, spinach parsley and of course each one will be topped with delicious cheese.



### PANCAKE TUESDAY 16th February

What better way to welcome the start of Easter! Yes - Pancakes. Cooking experiences support children's mathematical skills as they measure, estimate, pour and stir ingredients in small group settings. Cooking is a life skill that is embedded during memorable times with friends. The best part will be eating a selection of delicious pancakes.



### EASTER DONATIONS

We ask that all families make a contribution to our Easter Egg Raffle. Please Place an Easter Egg into the baskets located in the Foyer. We thank families in advance for supporting this request.

## 24<sup>th</sup> February 10:00 SWAGFULL OF INSTRUMENTS COST \$13 per child

Greg "The Music Man" will visit the centre to share the sounds of music from around the world. The children will be able to see and hear a variety of instruments that Greg has collected from his travels around the world. The children will enjoy dancing and clapping to a variety of



beats. To support social distancing for this event children will be physically positioned to support COVID restrictions, while allowing children to enjoy the diversity of music from around the world. (NQA 1, 2,5, 6, &7

### BUSY BEES ROOM STIMULUS



#### AREAS:

#### BUSY BEES:

1. Weather
2. Transport
3. Culture
4. Feelings



During the month of January, the Busy Bees focussed on getting to know one another and forming new friendships. They discussed how

to care and be supportive to their families and friends, In the second week of January the Bees focused on healthy eating as they learnt about everyday food and sometimes food. The children furthered their understanding on healthy eating by sorting out every day and sometimes food, watering the vegetable garden and picking fruits and vegetable from the garden, and drawing their favourite fruits and vegetable. In the last week of



January, we focused on the world around us as a part of Australia day celebration.

The Busy bees enjoyed singing and dancing to Australian songs including Nutbush, and wombat wobble. Children created Australian



handprint art discussing the colours of Australian flag, and read Australian animal stories such as Wombat stew, Kangaroo plays his didgeridoo and Australian animals.

During the month of February, we will focus on weather patterns exploring different types of weather. We will create different art and craft representing weather types such as rainbow collage, paper plate sun and paper snowflakes. We will explore different culture as will celebrate Chinese New Year and Valentine's Day. We will explore differences and similarities between different cultures through stories, music and arts and craft. We also will learn about feelings, including how to identify how we feel in different situations and how to express our feeling to others. Children will learn about different emotions through recognising emotions using emotion felt board and emotion flash cards, and stories.

(NQA 12, 5, 6, &7)

## SCHOOL READINESS FOCUS

### LITERACY

During the month of February, we will be focussing on the letters M, S, T, I. Children will be encouraged to identify these letters and most importantly the sound each letter makes



through play-based learning activities such as fishing letters using magnetic letter tiles and fishing rod, throwing a bean bag to focus letter and forming a letter using a play dough. This is something we encourage you to do with your children at home perhaps while reading them a story or out shopping. Together with your child see what letters you can find and encourage your child to identify the letter sounds that each letter makes.

## **NUMERACY**



This month we will be focusing on the numbers 2, 3, 4 and 5. Children will be encouraged to identify numbers through school readiness activities such as number flash cards and identifying numbers on dice.

Counting activities will be encouraged with hands on materials such as coloured counters, seashells and pom poms. Children will also be encouraged to count during play experiences like building blocks and threading.



**CONCEPT** This month we will focus on the shapes circle, triangle, rectangle and oval. The colours we will focus on are blue, green, yellow and orange. We will be introduced shapes and colours through games

like eye spy, colour or shape hunt. Children will be encouraged to name and identify colours and shapes but also to develop an understanding of the properties of each shape. i.e., how many sides each shape has, how many corners an if they have straight sides or curved sides. We recommend you to try these games at home or while driving to support their learning.

### **SIGHTWORDS**

The sight words below are the ones we will be focusing on during February. These will be introduced to children through phonics stories, flashcards, bingo games and Matching cards.

WK 1	I	Me
WK 2	My	In
WK 3	Is	It
WK 4	Big	Little

### **BUSY BEES NEWS**

Each child in the Busy Bees room will be allocated a day of the week for their news day. Please see the table below for your child's news day, this can also be found on the Busy Bee

door. Each child is invited to bring something special in to share with their peers. We encourage the children to bring in a photo of their family or something they did on the weekend or something else to talk about such as a book, sporting trophy, an artwork or picture rather than a toy that may be lost or broken. We encourage the children to speak about their news item in front of their peers, helping to develop confidence. The other children are encouraged to ask questions and inquire about their peer's news item.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Satdeep	Ahmed	Eliza	Maisie	Eden
Olobo	Adrian	Havya	Romeo	Mayara
Roohi	Sayesha	Khushal	Molly	Neil
Medrow	Aribah	Grace	Javier	Aksharaa
Veeraj	Vedavyasa	Roksana	Millie	Ryker
		Oska		

(NQA 1, 2, 5, 6, &7)

## COMPANION BEARS

Our Companion Bears represent people in our community who help and learn new skills every day. Paramedic Pete and Nurse Natasha are the Playful Possums companion Bears and School girl Jessica is the Companion Bear for the Busy bee. Each week children across these rooms will take a Bear home for 1 week. Each Bear comes with their own special bag and book to record their adventures at your home, so please take a few snap shots to paste into your Companion Bears book to share with us. Fun adventures, special activities, and how you cared for our Bears is really important.

**PLEASE DO NOT PLACE our BEARS IN THE BATH OR NEAR WATER. They have not had their swimming lessons YET!** We ask that each Bear is returned in the state that you received them. Our Bears like to be kept clean and tidy as they want to look their best during each visit. We can't wait to see what adventures our Bears go on.

## Playful Possums

**PARAMEDIC  
PETE & NURSE NATASHA**



During the month of February Paramedic Pete and Nurse Natasha are looking forward their visit to Avni, Mahira, Sahib and George's house and can't wait for their fun adventure.



## Busy Bees **SCHOOL GIRL JESSICA**

School girl Jessica is looking forward to visit Sayesha, Molly, Ryker and Veeraj's house during February and spend time with their special friend and family.

**A REMINDER TO ALL FAMILIES THAT THE COMPANION BEAR MUST BE RETURNED AT THE END OF EACH WEEK.** (NQA 1, 2, 5, 6, & 7)

## PLAYFUL POSSUMS

### February Stimulus

1. The world around us
2. The human body
3. Feelings
4. Sustainability



Over the month of January, the Possums were busy settling into the room and into their new routine. The children participated in enriching experiences that enhanced their learning and knowledge of family and friends and healthy eating. For our learning on Healthy eating the children painted various fruit and vegetables to enhance their understanding of healthy foods with scaffolding from educators and we discussed the foods in their lunchboxes. **Concept** – Over the Month of January the children engaged in language interaction s developing their first name and the names of their peers as well as gender understanding.



**Numeracy-** For our numeracy learning the children were active participants in their learning on the numbers 1 & 2.

**Literacy-** For our learning of literacy the children started off with their learning of letters Aa and Bb.

For the month Of February, the possums will be focusing on the letter C and D for their literacy learning. For their numeracy learning we will be focusing on the numbers 3 and 4 and for our concepts we will be learning about the colour red and the circle shape.

### **BABY BUNYIPS STIMULUS:**

1. **Musical instruments**
2. **Valentine's day**
3. **Celebrations**
4. **Farm animals**



In the month of January, we focused on healthy eating and Australia. The children really enjoyed participating

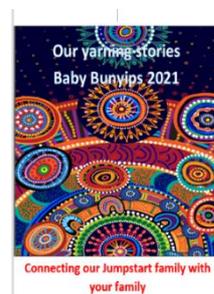
in activities relating to healthy eating. Educators in the room discussed at mealtimes what healthy food is and the different types of fruits and vegetables. The children really enjoyed participating in the arts and craft as they created different fruit and vegetables such as watermelon, Carrots and Pineapple. In the last week of January, we celebrated the country Australia as it was Australia day on the 26<sup>th</sup> of January. The children participated in a variety of activities and art/craft relating to Australia. The children enjoyed creating the Australia flag collage, Painting the Opera house and creating Koala's out of their footprints and singing/dancing to Australian songs such as "Home among the gum trees". In the month of February, we will be focusing on different type of musical instruments and exploring how they

work. Valentine's Day we will be completing different art for Valentine's Day and reading stories. Farm animals we will be looking at the different farm animals, reading stories about different animals, signing old Macdonald ha a



farm. (NQA 1, 5, 6, &7)

### **YARNING BOOK:**



The yarning book is about connecting with families as we share your children's day and interest with you and then once you receive you share your children time at home and interest with us.

The yarning book will be sent out weekly on a Monday/Tuesday and to be returned on Friday or the following Monday for the next family to share their stories. This week the yarning book will be sent home with Eva.

### **OUTDOOR PLAY FUNDAMENTAL MOVEMENTS RUNNING**

(NQA 1, 5, 6, &7)



Last month, our Fundamental Movement focus was hopping. In the outdoor environment, many hopping activities were programmed including hopscotch, musical statues (hopping), and ship to shore, hopping through hula hoops and hopping races. During the month of February, we are focusing on 'running' as the fundamental movement. Throughout the month, the children will participate in running activities including running races, red light + green light, tips, bulrush, What's the time Mr. Wolf and many more.



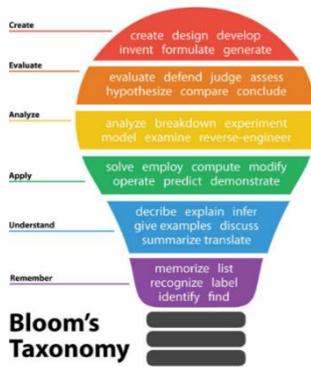
**WORLD THINKING  
DAY 22<sup>nd</sup> February  
BLOOMS**



**TAXONOMY**

Children learn best through discovery exploration, investigation and

questioning. Educators use Blooms Taxonomy to encourage children to think outside the box. Often adults provide children with answers instead of



allowing them to make discoveries. The discoverable moments that we make are the most memorable. This is how children learn best. Through the Month of February Educators will be using Bloom's Level of Understanding. Our February staff meeting discussed the significance of asking children questions that are open and promote children's thinking as they draw on previous experiences. We encourage families to ask children questions that require them to *Think*.

**Questions to ask your child this month**

**ASK:** Describe....

Can you tell me why?

Tell me 2 things that you have learnt today?

(NQA 1, 2, 4, 5, 6, & 7)

**FRUIT AND VEGETABLES**

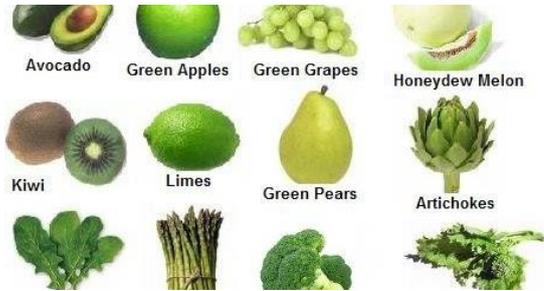
**FEBRUARY IS GREEN**

As part of our Quality Improvement Plan for 2021 we are encouraging families to explore a variety of fruits and vegetables. This Month is

GREEN. Please place your fruits and vegetables in the baskets located in the Foyer. Each day these



fruits are placed on our fruit and vegetable platters. Exploring a variety of fruits and vegetables support children nutrition and exposes them to a variety of tastes.



**DONATIONS**

Throughout the year our service conducts family raffles to raise funds for centre resources. We are always appreciative of donations for these Raffles and for any recyclable items that we can use for our indoor and outdoor spaces.

- **Unwanted Christmas Gifts for our Mother's Day and Father's Day raffles.**
- **Pinecones , etc**
- **Stickers**
- **Paints glitters**



**Bunyips**

Summer 24<sup>th</sup>

Imrose 27<sup>th</sup>

**Possums**

Mahira 3<sup>rd</sup>

Aansh 11<sup>th</sup>

Hrishi 17<sup>t</sup>

Toshika 25<sup>th</sup>

**Bees**

Satdeep 1<sup>st</sup>

Sayesha 11<sup>th</sup>

h Khushal 23<sup>rd</sup>

**FINAL THOUGHT**

In 2021 we encourage all children to use their experiences and engagement with the environment and others to build their knowledge and confidence. "Do not tell them how to do it. Show them how to do it and do not say a word. If you tell them, they will watch your lips move. If you show them, they will want to do it themselves." ~ Maria Montessori

**JUMPSTART 4 KIDS**

**STAFF**